

WATERDOWN VILLAGE SQUARES

NEWSLETTER



February 2012

Founded in 1969

BILL & CAROL MARSH – EDITORS

FROM THE PRESIDENTS' DESK:

As we write this article, we are only two weeks into 2012, and already we seem to have swung from the high point that was our celebration of the New Year to the sudden depths of devastating losses. Beverley Barrowcliffe, partner of Jim Lee and a valued friend and member of the executive at Waterdown Village Squares, passed away on January 6th. Harry Langston, a long-time dancer at Waterdown, who we remember in particular for his kind encouragement of new dancers, died on January 3rd. We are reminded how fragile life can be and how we must treasure and nurture our relationships. Our thoughts and prayers go out to Jim, to Doreen and to their families.

A Presidents' message should be optimistic and offer encouragement; and after some personal reflection, we find that there are indeed positive thoughts to be taken from this sad time:

It is comforting to know that Bev and Harry derived a great deal of pleasure from square-dancing and from membership in Waterdown Village Squares. Beverley's brother told us that square-dancing "kept her going". And we are heartened, knowing that while Doreen and Jim grieve they will be supported by the circle of friends they have grown over the years – our "extended family" of square-dancers.

We have learned something from each of these people: From Harry, we learned the value of patiently, consistently being an "angel" for new dancers. And no one would deny that Bev ran a "tight ship" in the kitchen! We learned the tricks of running an efficient "potluck" from her – a lot of credit goes to Bev for Waterdown's reputation of knowing how to host a great dinner!

Going forward in 2012, we hope to use these lessons, apply them and build on them. Square-dancing meant a great deal to both of these friends; in tribute to their memory, we continue in the tradition of Waterdown Village Squares - a welcoming and caring club.

Rose Marie & Ken Robinson

**THE TORONTO & DISTRICT SQUARE AND ROUND DANCE
ASSOCIATION ANNUAL CONVENTION IS COMING FAST.
MAY 4, 5 & 6 AT THE UNIVERSITY OF GUELPH.
SQUARES - MAINSTREAM TO A-2. ROUNDS - Ph: II TO V.
SEE ROSE MARIE OR KEN FOR MORE INFORMATION.**



NEW YEARS EVE WITH WATERDOWN VILLAGE SQUARES

PICTURES BY ROSE MARIE AND KEN ROBINSON



Thank You



Laura and I would like to thank all the Waterdown Square Dancers for giving us a chance to do something we have never done before. We did not know what we were getting into, and what was involved setting up for a dinner/dance.

Sue and Jamie, thanks for the information on what to get and when to start things. The big thing that helped was the amount of things you used, as that gave us a starting point. If I had to guess, it would have fed the whole town of Waterdown. We have adjusted the list to what we used for next year's dance.

We have to thank Ken Robinson as he was there to help setup, and guide us, and things just fell into place. It worked out that we got to sit down for a bit before everyone started to come in.

As the dinner/dance started, we had lots of help in the kitchen with serving and the cleaning. I never dried so many fork and knives.

I have a hard time remembering names but I know who you are. It is nice that everyone was willing to help in some way. That is why things tuned out well.

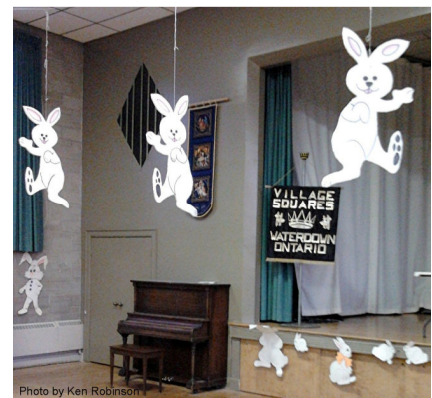
We highly recommend any one to do this, as it is rewarding and not that big of a job. Help is always there and to know that everyone enjoyed themselves.

One more thing!! Thank you Partner, for doing the cooking and not letting me burn anything

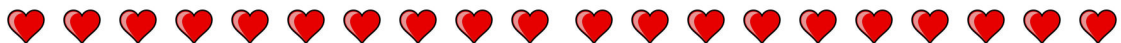
Laura and Mark Proctor

At this years Snow Bunny dance 38 dancers enjoyed the traditional meat pie and peas prepared by Mark and Laura Proctor. Another 4 joined us after the meal for the superb calling of Bill Everett. Elvis even made a cameo appearance. Two women swooned on the spot. Although the numbers were down the enthusiasm was not. Several members of the Guelph Royal City Squares drove down to join in the fun. If you weren't there you missed a great dance.

Ken Robinson



*The Beef a la King Dance is almost here!
Saturday, February 25 @ 7:00 pm
Contact Bill Turnbull for your tickets
Plus, A1 and Rounds*



Just a reminder that February 13, 14 & 16 are Red & White themed dances. Wear something Red & White and don't forget to bring Red & White snacks.





RECIPE OF THE MONTH

Slow-Cooker Orange-Ginger Beef

- 2 lb. (900 g) beef flank steak *
- 1 large yellow onion, chopped
- 1 cup 25%-less-sodium beef broth
- 1/2 cup orange juice
- 1/2 cup *Kraft Signature* Mandarin Orange with Sesame Dressing
- 1/4 cup packed brown sugar
- 2 Tbsp. grated gingerroot
- 2 Tbsp. reduced-sodium soy sauce
- 4 cups tightly packed baby spinach leaves
- 1 cup bean sprouts
- 2 green onions, sliced
- 5-1/3 cups hot cooked brown rice



Kraft Kitchens Canada

Place steak in slow cooker; top with yellow onions. Mix next 6 ingredients; pour over onions.

Cook on LOW 6 to 7 hours (or on HIGH 3 to 3-1/2 hours). Remove steak from slow cooker; cut across the grain into thin slices. Return to slow cooker.

Add all remaining ingredients **except rice**; mix lightly. Serve with cooked brown rice.

Makes 8 servings, 3/4 cup (175 mL) meat mixture and 2/3 cup (150 mL) rice each

*Substitute stewing beef for the flank steak. No need to slice before mixing with spinach, sprouts and green onions as directed.

Submitted by Sue Gaetan

NOW'S THE TIME TO CONSIDER JOINING THE EXECUTIVE

Now is the time to start thinking about putting your name forward to run for a position on the Waterdown Village Squares Executive. Talk to anyone on the current executive for more information. It is a great opportunity to put your ideas into action, so step up and join in the fun. All positions come available and are voted on at the Annual General Meeting on April 24, 2012.



THE EDITORS OF THIS NEWSLETTER RECENTLY RECEIVED THIS (BITTER-SWEET) EMAIL FROM LINDA STANEK, A FIRST YEAR SQUARE DANCER. WE WOULD LIKE TO SHARE IT WITH YOU.

Happy New Year to Bill, Carol and all the dancers at Waterdown Village Squares.

Thank you for emailing me another great news letter.

I would like to take a moment to thank everyone involved in the wonderful organization known as the Waterdown Village Squares for their help and patience in teaching the art of square dancing. Square dancing was on my retirement to do list. I jumped into it in the very early phase of my retirement, looking to find a new rhythm with my spare hours. Since that time, I came across some great deals on horseback riding lessons. I rode in my younger years. Horses have been my passion and this is the way I can connect with them. I am riding on a regular basis now. I have a stronger core and I have forgotten what back pain is. Riding is good therapy, but also has an expiry date. I don't know what age that will be. The photo shows me and Tyra, a 10 year old Fresian mare I ride. I am the first to acknowledge she is much smarter than the rider at this point. After riding I know I will probably return to square dancing, but for now I will be putting all my energy into riding.

With thanks and a big Yellow Rock to all.

Linda Stanek



WE WISH LINDA WELL, AND HOPE TO SEE HER BACK REAL SOON.

*Don't forget to get your Ice Cream Social Dance tickets
Contact Bill Turnbull - A1 with A2 Tips & Rounds*

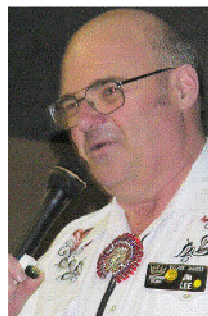
March 24



Two great callers

Jim Lee

Tim Crawford



TRIVIA

19 USA states have square dancing as their official state dance.

Waterdown Village Squares

Dances held at:
St. James United Church
306 Parkside Drive,
Waterdown, Ontario

www.waterdownvillagesquares.ca

Email: rwoodley000@sympatico.ca



Founded in 1969

UPCOMING EVENTS

Beef a la King Dance

Saturday, February 25 Plus & A1

Ice Cream Social

Saturday, March 24 A1 & A2

Graduation Night Dance

Thursday, April 19 All Levels

Hoedown-AGM Dance

Tuesday, April 24 All Levels

T&D Convention - Guelph

May 4, 5, 6 Mainstream to A-2
Round Dancing

WHENEVER YOU DANCE AT OTHER AREA SQUARE DANCE CLUBS BE SURE TO TAKE ALONG A FEW COPIES OF OUR 2012 DANCE FLYERS. TO KEEP FROM TAKING TOO MANY FLYERS TO ONE CLUB, PLEASE LET THE EDITORS KNOW WHAT CLUBS YOU HAVE TAKEN FLYERS TO.

YOUR EXECUTIVE FOR 2011 - 2012

Presidents:

Ken Robinson &
Rose Marie Robinson
519-448-3842

Vice Presidents:

Jamie Whitewood 905-878-4005
Sue Gaetan 905-878-3052

Past Presidents:

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Pat Coutts
905-822-8045

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Dennis Foster 416-621-3897
Evelyn Scott 905-820-3349

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Corinne Turnbull
905-878-9573

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Bill Marsh &
Carol Marsh
905-388-6160

Convenors: Plus (Mon)

Ken & Fran Welch
Roy & Lucy Bower

Convenors: A-1 (Tues)

Bunty & Mary Smith
Frank & Aini Anderson

Convenors: Class/Mainstream (Thurs)

Mark & Laura Proctor
Joe & Barb Winer
Peter Playford

Callers:

Jim Lee: Plus & A1
Bill Everett: Class &
Mainstream

Submissions for this monthly newsletter must be sent to the editors by the 15th of the month prior to the next publication. Email: w.marsh@shaw.ca Phone: 905-388-6160